



Getting Started with Noni

Isa Navarre

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This book will help your new clients to commit to 90 days of noni! It is essential, and contains step-by-step procedures for drinking noni and applying noni topically. This booklet will help you:

- Decide which procedure for drinking noni that you should start with, and how many ounces you may need each day, based on information you provide in a Health Evaluation Questionnaire.
- Objectively measure how well noni juice is helping you improve your health.
- Learn how to apply noni topically using three versatile noni topical applications for conditions on the surface of the skin as well as inside the body.
- Find out where to go to get the information on noni juice that you are looking for, including internet, audio and written resources.
- Become more comfortable using a liquid nutritional supplement, as opposed to herbs that are dried and put into pill or capsule form.

Plus:

- 14 Money-saving tips that will help you use noni most economically.
- 3 Steps to finding your ideal daily dosage of noni juice.
- 9 Health conditions that require introducing noni gradually into your diet.
- 8 Ways to modify your daily maintenance dose based on your age and body type.
- And important information on how to reduce your daily doses once you start to feel better.

This booklet is a great companion to *How Much, How Often, For What* and is a must read for anyone who is just *Getting Started with Noni!*

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