



Getting Stuff Done: A 7 Step Process to Ending Procrastination and Achieving More

Sam Harrop

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Are you looking for advice on how to get more done in your life?

Have you realised that just “pedalling” faster isn’t going to be a long-term solution?

Right now, does the load you are carrying seem to be getting bigger every day?

Do you need smart, proven advice that has one specific outcome – helping you to get more of the right stuff done?

If you answered yes to any of these questions then this book is for you. A crucial step to achieving more and procrastinating less is being able to hold yourself and others accountable. In *Getting Stuff Done* you will be introduced to an easy-to-understand framework – the Seven Steps to Accountability – that will help you achieve personal accountability, first for yourself and then with others. When we have personal accountability we are more engaged, productive, use our time better, have more satisfaction at work, have better relationships, and feel better about ourselves.

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