



Seeking Heaven: Sound Journeys into the Beyond

Eben Alexander M.D.

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The #1 bestseller *Proof of Heaven* has already touched millions of lives, turning skeptics into believers in the existence of a universal dimension characterized by peace, acceptance, and unconditional love that is accessible to all of us.

In the closing pages of *Proof of Heaven*, Dr. Alexander writes that working with guided audio programs has helped him achieve the deeper level of consciousness needed to glimpse that idyllic realm anew, and suggests that all of us can use similar audio programs to expand our consciousness for comparable results.

In *Seeking Heaven*, Dr. Alexander presents four thirty-minute audio journeys produced specifically to support and enhance the experience of those who want to access the state of blissful higher consciousness and self-knowledge that he attained during his near-death experience. Developed and presented with audio meditation specialist Karen Newell, co-founder of Sacred Acoustics, these four sounds journeys combine digital harmonic frequencies, sacred instruments, sounds from nature and the human voice to help listeners recreate the four stages of Dr. Alexander's miraculous spiritual experience: "Everything is a Vibration," "Thinning the Veil," "Shift Your Perspective," and "Connecting with Source."

These journeys to the spiritual core of existence are designed to help you separate yourself from day-to-day concerns and find out about your true self, appreciate the nature of our interconnectedness, and access a transcendent understanding of hope, comfort, forgiveness and love. With *Seeking Heaven*, Dr. Alexander helps you get in touch with the profound wisdom imparted in the spiritual realms he visited and experience it in your own life.



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This Seeking Heaven: Sound Journeys into the Beyond book is simply not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book will be information inside this publication incredible fresh, you will get facts which is getting deeper an individual read a lot of information you will get. This kind of Seeking Heaven: Sound Journeys into the Beyond without we understand teach the one who studying it become critical in thinking and analyzing. Don't possibly be worry Seeking Heaven: Sound Journeys into the Beyond can bring when you are and not make your carrier space or bookshelves' turn out to be full because you can have it with your lovely laptop even phone. This Seeking Heaven: Sound Journeys into the Beyond having good arrangement in word and layout, so you will not really feel uninterested in reading.

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