



The Back to Eden Cookbook: Original Recipes and Nutritional Information

Promise Kloss Moffett, Doris Kloss Gardiner

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Original Recipes and Nutritional Information from One of the Great Pioneers: This book is a golden treasury of recipes and priceless information on natural foods for health and healing. The Kloss family selected 240 tempting recipes using simple, economical foods with taste appeal and proven balanced nutrition without any artificial or refined ingredients.



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