



# Boundaries with Teens: When to Say Yes, How to Say No [BOUNDARIES W/TEENS]

*Townsend John*

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**Boundaries with Teens: When to Say Yes, How to Say No [BOUNDARIES W/TEENS]** Townsend John

In this exciting new book, Dr. Townsend gives important keys for establishing healthy boundaries?the bedrock of good relationships, maturity, safety, and growth for teens and the adults in their lives. The book offers help in raising your teens to take responsibility for their actions, attitudes, and emotions.

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