



Awesome at Being Awesome: A Self-Help Book for People Who Hate Self-Help Books

Danny Pehar

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When you were a kid you dreamed of building spaceships and being a superhero. Everything was magic, everything was awesome. But then you suffered disappointments: weight issues, relationship problems, money troubles, career troubles. Eventually the impossible was no longer possible. *You lost your awesome.*

But what if you could get it back? *You can.* Through funny, informative and inspiring stories from his life and work experience, Danny Pehar shows how strengthening one aspect of the three main parts of your life – mind, body and soul – will help you strengthen and balance the others.

And the results? You will learn to do an awesome amount of awesome things – from weight management to career management, from saving money to saving relationships, from building the perfect résumé to building the perfect speech, from getting through the toughest job interview to getting through the toughest day.

PRAISE FOR AWESOME AT BEING AWESOME

“*Danny is a good boy.*” –Danny’s dad

“*This book is awesome.*” –Danny’s friends

“*Danny has great hair.*” –Anonymous (but probably Danny)

“*This book is better than the last one you read.*” –Danny’s sure someone said this

“*This book is better than ice cream.*” –Danny’s almost positive he heard this one guy say this

“*This book is like a hug, combined with a high five and a GPS through life.*” –Someone really cool said this

“*You know that helpful friend that comes over and is funny, easy to listen to, gives great advice and tells good stories? That’s what this book is.*” – Someone very insightful said this

“*You are already awesome. Now learn how to be awesome at being awesome!*” –Danny Pehar



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Margaret Soto:

Playing with family in the park, coming to see the sea world or hanging out with good friends is thing that usually you will have done when you have spare time, in that case why you don't try factor that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Awesome at Being Awesome: A Self-Help Book for People Who Hate Self-Help Books, you may enjoy both. It is good combination right, you still wish to miss it? What kind of hangout type is it? Oh come on its mind hangout folks. What? Still don't understand it, oh come on its referred to as reading friends.

David Sayre:

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Irma Cook:

On this era which is the greater man or woman or who has ability in doing something more are more valuable than other. Do you want to become certainly one of it? It is just simple strategy to have that. What you need to do is just spending your time not much but quite enough to enjoy a look at some books. On the list of books in the top collection in your reading list is actually Awesome at Being Awesome: A Self-Help

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