



Becoming the Woman I Want to Be: A 90-Day Journey to Renewing Spirit, Soul & Body

Donna Partow

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In her signature style, Donna Partow encourages and instructs women by combining solid biblical teaching and stories from her life. Written for the busy, often stressed-out woman, this practical, doable plan provides insight and ideas to regroup and renew all aspects of her life. Memorizing Scripture, spending time in prayer, eating healthy, and exercising are all part of the achievable plan laid out in one handy volume for readers to follow.

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