



## Don't Fight Growing Older, Hug It!

*Sue Wright Owens*

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## **Don't Fight Growing Older, Hug It!** Sue Wright Owens

At some point in my recent years, I began to think about getting older, what it's like and how to handle it. If I encountered health problems, regardless of the severity, I really needed to try to laugh, smile, and see the lighter side. This sure isn't easy to do, especially with pain. I decided to write aging poetry and attempt to poke humor wherever possible. Hopefully, my aging poetry will help others.

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Have you spare time for the day? What do you do when you have more or little spare time? Yes, you can choose the suitable activity to get spend your time. Any person spent their particular spare time to take a go walking, shopping, or went to typically the Mall. How about open or even read a book eligible Don't Fight Growing Older, Hug It!? Maybe it is to get best activity for you. You understand beside you can spend your time using your favorite's book, you can more intelligent than before. Do you agree with it is opinion or you have various other opinion?

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Are you kind of stressful person, only have 10 or even 15 minute in your morning to upgrading your mind talent or thinking skill even analytical thinking? Then you are having problem with the book when compared with can satisfy your short space of time to read it because this time you only find book that need more time to be learn. Don't Fight Growing Older, Hug It! can be your answer given it can be read by an individual who have those short extra time problems.

#### **James Shockley:**

The book untitled Don't Fight Growing Older, Hug It! contain a lot of information on this. The writer explains the woman idea with easy approach. The language is very simple to implement all the people, so do definitely not worry, you can easy to read this. The book was written by famous author. The author provides you in the new age of literary works. You can actually read this book because you can keep reading your smart phone, or program, so you can read the book in anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site along with order it. Have a nice learn.

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