



An Unquiet Mind: A Memoir of Moods and Madness by Kay Redfield Jamison

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An Unquiet Mind: A Memoir of Moods and Madness by Kay Redfield Jamison Kay Redfield Jamison It must have come as quite a shock to her patients to be told by their therapist that she had been suffering from manic depression herself for over thirty years. Perhaps an even greater shock was felt by many of her colleagues, since Dr. Jamison is one of the leading scholars and authorities on manic depression.



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