



Spirituality in the Workplace: A Study Guide for Business Leaders (Similar to: Spirituality without religion, Spirituality books, Spirituality and health, Waking Up Book 1)

Patrick X. Gallagher

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Spirituality in the Work Place: Why it MUST NEVER be Neglected!

Deepen faith, improve overall performance at work, and foster positive relationships with co-workers – these are just some of the benefits of having workplace spirituality.

Spirituality is one of the most important aspects in life, yet it is also one of the most neglected. You typically work eight hours a day, five days a week, which gives you very little time to focus on other things you are passionate about, and are important to them, such as religion and spirituality in the workplace.

As a result, you go through your days aimlessly and often disgruntled over minor things. You lack purpose, and the general feeling of calm and contentment. This is because you fail to practice workplace spirituality and spend even just a few minutes to pause everything, meditate, and communicate with a Higher Being, so you can have the clarity and peace of mind you crave and deserve.

Spirituality in the Work Place eBook aims to strengthen and promote **spirituality in the workplace**. It serves to enlighten everybody in the workforce about the value of spirituality in the workplace and why it should be made a part of their lives.

Buy the eBook today and learn how you can make a better workplace with your spirituality.

Workplace Spirituality is for people who want to banish imbalance

This eBook will guide you on how to get rid of negativity and imbalance, adopt a more positive attitude towards work and in dealing with co-workers, and have better, more altruistic reasons to stay motivated in the workplace.

When you do not practice spirituality or fail to connect to a Higher Being to guide you, you start to manifest signs of imbalance. This includes nervous, manic energy, a wandering and unfocused mind, negativity, strained relationships, overall dullness and lack of inspiration, depression and fatigue, regular and excessive use of caffeine, nicotine, alcohol, or drugs, and less than optimal productivity, among others.

Get this eBook and learn how to be a positive spiritual influence on others, as well as how to exercise spirituality leadership – the kind of leadership any organization needs.

When you manifest this much negativity, being productive at work and fostering harmonious relationships with co-workers becomes difficult. *Spirituality in the WorkPlace* shows how allotting a specific time regularly to practice religion and strengthen spirituality workplace helps banish imbalance and promote a positive attitude. This then leads to increased productivity, sharper focus, and more pleasant interactions with co-workers.

Spirituality in the Workplace focuses on the positive effects of influencing co-workers spiritually.

Employees who urge their co-workers to openly practice their faith and spirituality are able to increase their relational aspect of working, while responding to others' needs at the same time. This is because faith allows them to show kindness to others and not look at them as an annoyance or a burden. Because faith involves rewarding those who help others, being a positive influence, and reaching out to those in need becomes easier to achieve.

Learn about spirituality leadership and be a more compassionate leader through this book. Employers who allow the practice of one's faith are also more lenient and more considerable to employees who approach them for help or for time off. This is because there is a great chance that the time will be used to practice their religion, or expand their horizons, which can both prove beneficial to the workplace and their individual self-growth in the distant future.

Employees who are spiritually aware also value self-determined, and believe that smart work always comes with a reward that is much more than monetary value.

Scroll up and click the buy button and enjoy the fruits of spirituality today!

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