



Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes

SHAPE America - Society of Health and Physical Educators, Shirley Holt/Hale, Tina Hall

Download now

[Click here](#) if your download doesn't start automatically

Elementary school physical educators looking for expert guidance in designing lessons that are aligned with SHAPE America's National Standards and Grade-Level Outcomes need look no further.

Lesson Planning for Elementary Physical Education works in tandem with SHAPE America's *National Standards & Grade-Level Outcomes for K-12 Physical Education* and *The Essentials of Teaching Physical Education* to provide the knowledge base and practical strategies for creating high-quality elementary physical education curricula.

Key Benefits

Written by master teachers and edited by the team who oversaw the creation of the National Standards and Grade-Level Outcomes, *Lesson Planning for Elementary Physical Education* is endorsed by SHAPE America. The text has the following features:

- 65 lessons that foster the achievement of physical literacy for children in grades K-5
- Numerous learning experiences that engage students in the psychomotor, cognitive, and affective domains
- Curriculum design based on student growth
- Sequential lessons leading to mature patterns of motor performance
- An introductory chapter on the key points for the grade span, putting the lessons in context and providing a road map for planning curriculum, units, and lessons
- Instruction on creating high-quality lessons that reach the desired objectives

Flexible Lessons

Teachers can use the lessons as presented or modify them to meet local needs. The lessons provide a structure for teachers to follow in developing their own learning experiences and curricula. For PE majors and minors, the lessons provide the ideal starting point in learning how to plan and deliver effective lessons to become proficient teachers, not just managers of activity. In addition, all lessons and learning experiences reflect best practices in instruction and include scripted cues.

The text shows readers how to effectively develop their own lessons—and teachers can use those lessons to show their administrators that their program is designed to meet the specific outcomes developed by SHAPE America.

Web Resource

Lesson Planning for Elementary Physical Education is supported by a web resource that contains digital versions of all the lesson plans in the book. Teachers can access the lesson plans through a mobile device, and they can download the plans to use later or to print.

Overview of Contents

Part I of the text offers readers a solid foundation in lesson planning. The authors explore the elements of planning lessons for student learning, show how to meet the National Standards and Grade-Level Outcomes, and guide readers in making the most of every lesson. In part II, readers have access to K-5 lesson plans in health-related fitness, movement concepts, locomotor skills, nonlocomotor skills, and manipulative skills for elementary physical education.

Lesson Structure

Each lesson corresponds to a category of the outcomes. In addition, the lessons provide deliberate, progressive practice tasks and integrate appropriate assessments for evaluating and monitoring student progress and growth.

Great for Current and Future Elementary Teachers

Lesson Planning for Elementary Physical Education offers teachers the tools and resources they need in order to guide students toward physical literacy and physically active lifestyles throughout their adult lives. And it does so by aligning with SHAPE America's National Standards and Grade-Level Outcomes. As such, this is a great resource for both current and future elementary physical education and classroom teachers.

Download and Read Free Online Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes SHAPE America - Society of Health and Physical Educators, Shirley Holt/Hale, Tina Hall

From reader reviews:

Bruce Brown:

Book is to be different for each grade. Book for children until adult are different content. As you may know that book is very important for us. The book Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes seemed to be making you to know about other information and of course you can take more information. It doesn't matter what advantages for you. The book Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes is not only giving you considerably more new information but also being your friend when you experience bored. You can spend your current spend time to read your reserve. Try to make relationship with all the book Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes. You never sense lose out for everything if you read some books.

Anthony Collins:

Here thing why that Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes are different and reputable to be yours. First of all studying a book is good however it depends in the content of it which is the content is as delicious as food or not. Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes giving you information deeper including different ways, you can find any guide out there but there is no publication that similar with Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes. It gives you thrill studying journey, its open up your own personal eyes about the thing that will happened in the world which is perhaps can be happened around you. It is possible to bring everywhere like in park, café, or even in your means home by train. When you are having difficulties in bringing the branded book maybe the form of Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes in e-book can be your choice.

Clyde Connell:

As we know that book is important thing to add our understanding for everything. By a guide we can know everything we really wish for. A book is a group of written, printed, illustrated or maybe blank sheet. Every year was exactly added. This e-book Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes was filled regarding science. Spend your free time to add your knowledge about your scientific disciplines competence. Some people has distinct feel when they reading a new book. If you know how big good thing about a book, you can truly feel enjoy to read a reserve. In the modern era like currently, many ways to get book you wanted.

Carlton Wood:

Reading a book make you to get more knowledge from it. You can take knowledge and information from a book. Book is published or printed or highlighted from each source that will filled update of news. With this modern era like currently, many ways to get information are available for you actually. From media social including newspaper, magazines, science book, encyclopedia, reference book, story and comic. You can add your knowledge by that book. Are you ready to spend your spare time to open your book? Or just looking for the Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes when you required it?

Download and Read Online Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes SHAPE America - Society of Health and Physical Educators, Shirley Holt/Hale, Tina Hall #KLJ5YO81XT3

Read Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes by SHAPE America - Society of Health and Physical Educators, Shirley Holt/Hale, Tina Hall for online ebook

Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes by SHAPE America - Society of Health and Physical Educators, Shirley Holt/Hale, Tina Hall Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes by SHAPE America - Society of Health and Physical Educators, Shirley Holt/Hale, Tina Hall books to read online.

Online Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes by SHAPE America - Society of Health and Physical Educators, Shirley Holt/Hale, Tina Hall ebook PDF download

Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes by SHAPE America - Society of Health and Physical Educators, Shirley Holt/Hale, Tina Hall Doc

Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes by SHAPE America - Society of Health and Physical Educators, Shirley Holt/Hale, Tina Hall MobiPocket

Lesson Planning for Elementary Physical Education With Web Resource: Meeting the National Standards & Grade-Level Outcomes by SHAPE America - Society of Health and Physical Educators, Shirley Holt/Hale, Tina Hall EPub