



Journey to Joy: A Course About Living and Being in Joy Workbook

Tannie Bennett

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This is a "must have" experience for those truly serious about changing their life. The lessons, exercises, imageries, and fictional stories included in the Journey to Joy manual and in this workbook are intended to facilitate movement from your present state of being into increased and lasting joy. Learn how to let go of the pain from the past, and everything that is keeping you from the life of your dreams. Experience the feelings of being in the presence of one of God's greatest miracles, YOU! Discover the light within, your magical healer, and your true identity as a gifted child of God. Awaken the greatest part of you, and become a positive person who lives life daily in joy. Understand why you keep repeating the same old patterns, and why change is so difficult. Learn to see your adversity from a new optimistic point of view. Experience simple techniques and tools that will change your life forever. Learn the role your family and your environment play in your opposition. Learn to apply principles of abundant and productive living as you embark on this marvelous Journey to Joy. Tannie Bennett has been the recipient of destructive abuse in her life and in the process of her own healing has learned the principles in this work. She has left her life of sorrow, and is now living in peace and joy. Come join her in this great work.

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