



# The Balance Project: A Novel

*Susie Orman Schnall*

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*The Balance Project* is a story of loyalty, choices, and balance that will resonate deeply with all women who struggle with this hot-button issue.

Loyal assistant Lucy Cooper works for Katherine Whitney, who seems to have it all: a high-powered job at a multibillion-dollar health and wellness lifestyle company, a successful husband, and two adorable daughters. Now, with the release of her book on work-life balance, Katherine has become a media darling and a hero to working women everywhere. In reality, though, Katherine's life is starting to fall apart, and Lucy is the one holding it all together, causing her own life—and relationship with her boyfriend Nick—to suffer. When Katherine does something unthinkable to Lucy, Lucy must decide whether to change Katherine's life forever or continue being her main champion. Her choice will affect the trajectory of both of their lives and lead to opportunities neither one could have imagined.

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