



# Introduction to The 5th Way

*Addison C. Arthur*

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# Introduction to The 5th Way

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## **Introduction to The 5th Way** Addison C. Arthur

Introduction to The 5th Way is a book that deserves its own category of classification. This ground-breaking work provides a completely new look at spirituality and its relationship to us, the human. The author, Addison C. Arthur, combines his University education in the Social Sciences with his vast knowledge of a variety of spiritual traditions to offer up a new world view which many have called refreshing, creative, thought-provoking, immensely practical, often humorous, and highly important for the advancement of humanity as a whole. The book takes the reader from the beginning of beginnings, which is often mentioned in ancient texts such as the Upanishads, and combines modern science in an enlightening journey up to the present day. Through this journey the reader discovers answers to many of his most pressing questions as to why life is the way it is and how we can all live it in a more positive way. Addison takes the reader through the creation and evolutionary processes showing that they can and have been working together since the beginning. He then goes on to point out the link between spirit, which is a form of energy, and the human being. The journey continues by thoroughly explaining the different facets of a human life while pointing out many of the trouble spots and problems that most of us encounter. Addison explains the various ways that we as humans have engaged the spiritual and peels back the veil as to how things work thus giving us a stable ground upon which to stand in relationship to ourselves and things seemingly beyond us. The 5th Way itself represents an inner journey or Inner Walk where each person can discover his or her true essence, reclaim it, and thus take control which in turn empowers each person to live life to the fullest. And the best thing about this process is that one can do it without any third party. One merely closes one's eyes and looks within with clear vision which the book Introduction to The 5th Way adeptly helps us regain.

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