



## Cooking in Provence

*Alex Mackay*

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Alex Mackay

## Cooking in Provence Alex Mackay

In 2000, Alex Mackay and Peter Knab opened Le Baou d'Infer, a cooking school in the heart of the Provencal countryside. *Cooking in Provence* is a collection of recipes born out of this experience—dishes cooked by Alex and his students and inspired by their love not just of the intoxicating flavors and food of the region, but its way of life. The recipes reflect the changing seasons, from refreshing summer dishes such as Salade Niçoise and Pissaladiere to the warming comfort of Daube en Boeuf and Bouillabaisse, authentically evoking the region's unique identity. Peter Knab's stunning photographs sit alongside Alex's vivid descriptions of the scenery, markets, and people. Together they conjure a vision of Provence and the food integral to the region—from the fish caught along its beautiful coastline to the aromatic herbs and vegetables harvested from its fields and the fruit grown in its orchards. This book provides not just a wonderful collection of mouthwatering dishes, but a slice of the warmth and beauty of Provence itself.

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