



# Rules of the Red Rubber Ball: Find and Sustain Your Life's Work

*Kevin Carroll*

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## **Rules of the Red Rubber Ball: Find and Sustain Your Life's Work** Kevin Carroll

With simple but delightful storytelling, Kevin Carroll channels his childhood passion for sport and play into a universally appealing blueprint for life. Drawing wisdom from the playgrounds of his youth, where he spent hour upon hour sharpening his body and his mind, Carroll shares with readers his Rules of the Red Rubber Ball - how to achieve maximum human potential through the power of passion and creativity. Finding your own -red rubber ball+ and chasing it to your heart+s content, he argues, is the surest route to peace, prosperity, and happiness. Over the years as an athletic trainer and public speaker, Carroll has transformed his philosophy into seven simple rules that any successful leader will endorse: 1) Commit to it 2) Seek out encouragers 3) Work out your creative muscle 4) Prepare to shine 5) Speak up 6) Expect the unexpected 7) Maximize the day With an award-winning design and color photos throughout, Rules of the Red Rubber Ball will inspire the child in everyone for generations to come.

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